



ADVANCED DEFENSE APPLICATIONS PERSONAL TRAINING (ADAPT)

Course Description:

Many business establishments do not allow firearms and not everyone is comfortable carrying them. You may not be physically able to take formal martial arts training, however that doesn't mean that you can't arm yourself with the proper knowledge and tools to protect yourself and your family. In this course we will showcase a variety of products and demonstrate how to effectively employ them in a threat situation with proven techniques that will work for you. We will have a lot of fun so come join us and bring your positive mental attitude and hard work ethic.

Class is 3 hours. Price: **\$10/person**

Self-defense products will be available for purchase after the training.

www.phaselinedefense.com

www.phaselinedefense.com

www.advanceddefenseproducts.com

